

SWANSEA HIGH SCHOOL

Sea Horse News

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RESPECT

RESPONSIBILITY

READY TO LEARN

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University Recognition for High Achiever



Congratulations to Rachael Hoffman who has been invited as one of only 54 young female students from across Australia to participate in a Science, Technology, Engineering & Maths (STEM) Program. Rachael will attend two camps at major Universities where they will be exposed to a variety of experiences to encourage her to pursue a career in one or more of these disciplines. Rachael's fantastic results in the Australian Mathematics Competition prompted the initial invitation but her high work ethic and application to achieve her personal best cemented her place in the program. Well done Rachael!



Angel Cribb, Bella Rose & Jasmine Hicks examining cells.

Itty- Bitty- Critties

Year 7 Science classes have been using microscopes to investigate the world of the very small.

Students have been observing newsprint and commercially prepared slides, before moving on to making their own. The students in the photo have been looking at small insect larvae in water which has been used to soak hay. Students have found some curious looking creatures and will shortly move onto looking at preparing slides of cells.

Students have enjoyed using different science apparatus, learning new skills and are looking forward to future investigations.

From the Principal

Robyn Leggatt

Recently I have had two casual teachers let me know that they really enjoyed their experiences at Swansea High and they felt there was a friendly and peaceful vibe within the school. This was reinforced by parents who have visited with new enrolments who also commented on the positive 'feel' of the school.

There are always issues that we are dealing with and there is always going to be some conflict when you have so many young people together, but I am confident we have strategies in place that support students through this time. Our student leaders and working party are undertaking an extensive research process where they will interview a number of students.

The aim of the research is to gain student views on what helps them to do their best and what hinders them. We will also be asking staff the same questions about their teaching and from the responses we will develop our Positive Behaviour for Learning (PBL) expectations for the classrooms. These expectations will strengthen our understanding of how we all need to work together to allow learning to be the most positive it can be.

Important Dates

August

8th to 10th - Yr 11 Snow Trip

8th to 19th - Trial HSC Exams

12th - Yr 11 PDHPE Assessment Task

September

1st - Yr 11 Ancient History Assessment Task

2nd - Yr 11 Drama Performance Essay

2nd - Yr 11 PDHPE Assessment Task

7th - P&C Meeting 4:45 pm in Common Room

7th - Swansea Primary Concert Night

8th - Nords Wharf Primary Concert Night

9th - Local Government Elections

16th to 23rd - Year 11 Yearly Exams

22nd - Year 12 Graduation Assembly 9:15 am

Star Struck Dancers Shine!

Many students have been part of the Star Struck group from the audition process through to the final product. Some students joined us along the way, but all students have enjoyed the experience of this incredible performance for 2016. All of our students have worked incredibly hard on their routine and the finale. The final rehearsals showed a glimpse at what was to be an amazing show and we were all so proud to be part of it.

Big congratulations to Marnie Nebauer who auditioned for and gained entry to the featured tap dance ensemble and performed in "Heigh Ho" during the show. She worked very hard with members from other schools in this routine and enjoyed every minute.

I want to congratulate all our hardworking students for being such a great group and helping each other with everything from rehearsals to fundraising. Thank you for being an awesome bunch of students to work with!! I hope you all enjoyed the show!!

Thanks also go to the teachers who worked on this project over the last 6 months. Thank you Miss Goodwin, Miss Netluch, and Mrs Jan for all your hard work and time given to our students. Finally thank you to the parents and caregivers who gave up their time and provided support and encouragement to our performers. Without you the show would not happen.



Bring it on Star Struck 2016-Our Heroes!!!

Former Student wins World Championship



You may have seen recently that the Australian U17 team won the basketball world champs. Whilst Lara McSpadden is no longer a student of ours we would still like to acknowledge this terrific achievement and continue to wish Lara all the best for the future.

“We Can Cook”



Chicken Caesar salad prepared by the year 10 Food Technology class. All students did an excellent job. Well done!

P & C

Just a reminder we meet the first Wednesday each month at 4:45 pm in the Common Room.
Be great to see you there!

NAIDOC Celebrations

Our Aboriginal Dance and Didge Group toured our local Galgamba Primary Schools for NAIDOC Week.

As well as performing, our students taught over 400 students Didge, Dance and Traditional Aboriginal Games. Thanks to our Aboriginal Education Worker, Rachael Bromfield for all of her hard work. Also, a big thanks to Swansea RSL for helping us transport students for the week.



Mountain Mayhem!

On Tuesday the 2nd August, students from Swansea HS competed in the Hunter Mountain Biking Championships at Glenrock State Conservation Area. The team races consisted of the boys taking turns to complete as many 3km laps of mountain biking terrain as they could in 2.5 hours.

Our Year 7/8 team consisted of Hugo Hay, Zane Gain and Oscar Newman. These boys rode extremely well in a very competitive field and were placed fourth. The Year 9/10 team consisted of Cooper Dhu, Beau Hooey and Peter Rota. Despite Cooper and Beau already having ridden to the venue from Swansea (yes, all the way from Swansea!), they managed to finish a very close second place in their division.

All of the boys did themselves and the school proud with the respect that they displayed for everyone involved. As can be seen by the smiles in the photos, a great day was had by all.



Sports Wrap up

We have students participating in many different sporting endeavours and we are proud of all our students who strive to reach their personal best in all their sport.

Our students recently competed at Eastlakes Zone Athletics with 11 students qualifying for the Hunter Region Athletics carnival held last week, a number of students have now qualified for state which will be held in five weeks' time. We wish all our competitors the best and will hopefully have some good news in our next newsletter.

Students also competed at the CHS Cross Country at Eastern Creek on 22 July. It was actually a very warm day and our students enjoyed the challenging course. Well done to Tom March, Grace Sedgman, Stanley Smith, Emma Huggins and Alyssa Ingram who all competed.

Year 7 and Year 8 are having their own Olympics for sport this term. Students have been divided up into countries and will compete against each other in Olympic sports with the winning country receiving a prize at the end of the term. Good luck to all countries and may the best team win!

“Felties”



Tahlia, Heather & Katelyn making “felties”.

Year 10 Child Studies are currently working on a feltie toy that would be suitable for a toddler. They use brightly coloured felt and have a soft plush texture .

The students pick the type of feltie they want to make and whether it is for a boy, girl or both! It can be based on any theme and some students have designed: owl, dog, bear even a monster.

This task compliments the unit that we are currently studying "Play and the Developing Child". Felties also utilises our new learning strategies “cups.”

Yr 11 PDHPE Body in Motion

This term Year 11 PDHPE students have been investigating Biomechanical principles in sport. They have been examining the role of motion, velocity, acceleration, force, momentum, balance and fluid mechanics, and its impact on sporting performance.

The students participated in a range of practical labs. One lab required students to throw different sized and shaped balls. These included a basketball, tennis ball and golfball. Students then needed to time, measure and calculate the velocity, distance and force the three different sized balls produced.

Some of the results surprised the students with a basketball thrown at 10m/sec needing 64kgs of force to stop its momentum. The highest speed recorded for hitting a golfball was 135.6 km/h. The students really enjoyed the hands on activities and had FUN while learning!



Patina Fender Rock Triple J



Our resident Rock band Patina Fender, have entered the Triple J Unearthed competition. The best entries will be played on national radio, and if Patina Fender win, they will be flown to Triple J to record, remix or master a track. Triple J will play it on the radio too!

Winners also get professional music industry advice, and a visit from the Triple J crew to our school!

Log on and vote for them or just watch and enjoy the music.

<https://www.triplejuneearthed.com/artist/patina-fender>



Like us on Facebook to keep up to date with what is happening at Swansea High School.

Year 11 Master Chefs



Look out Master Chef and My Kitchen Rules — SHS Hospitality Team have been working hard on their precision cutting skills completing a range of tasks which has included Minestrone Soup.

After lots of vegetable preparation all students enjoyed their final dish, Minestrone Soup. The students demonstrated great presentation of their dish and most had take home packs for their parent's taste testing.

School ENSEMBLE

Do you play an instrument? Would you like to learn how to play the bass guitar, piano, saxophone, trumpet, trombone or clarinet? Swansea High has a range of instruments available for students interested in learning to play.

We also have an ensemble group who practice every Wednesday in our music room. Students of any level of experience are welcome. See Mr Carter (HT PDHPE/CAPA) for more information.



“CLICK!”

Congratulations to the following Visual Art and Digital Media students; Ruby Rizk, Krystal Goodman, Meagan Potts, Haylee McInnes, Sara Cummings and Jade Reynolds who have had their photography work recognized.

The students digital photographs will be showcased in the exhibition “Click” at Lake Macquarie Art Gallery from 13th August to 2nd October 2016. This significant event is the first solo exhibition for Swansea High School students at this art gallery. Everyone is welcome to visit and view these works and others in the gallery.



Haylee McInnes Yr.10



Sara Cummings Yr.10



Krystal Goodman Yr.11