

SWANSEA HIGH SCHOOL

Sea Horse News

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RESPECT

RESPONSIBILITY

READY TO LEARN

Issue 7 Term 4 2017

BANDFEST Winners!



The Swansea High music ensemble competed in Bandfest, a band competition last week. In the developing band section the ensemble performed brilliantly and was awarded joint winners with Callaghan College Waratah Technology Campus. This band of talented musicians are a dedicated and fun group who represented the school proudly. Congratulations to all involved on a wonderful performance.

2017 Caltex Best All Rounder Award

For the first time Caltex has requested the school to publicly acknowledge the wonderful achievement of the student who received this award.

Grace Sedgman in Year 12, was the school's recipient of this award which is one of Australia's most prestigious secondary school prizes.

Caltex Australia Managing Director and Chief Executive Officer, Julian Segal, said the Australian fuel company was proud to have recognised generations of students like Grace since the awards began in 1985.

"I congratulate Grace and wish her well as she moves into the next phase of her life," Mr Segal said.

Grace joins an exclusive list of Caltex Best All Rounders to have been recognised over the past three decades."



From the Principal -Robyn Leggatt

I have returned from leave to a very busy time with a constant stream of staff coming to my office to get the okay to undertake projects that will improve the learning outcomes of students at Swansea High. It makes me feel very lucky to have a staff who are so focussed on continual improvement. Driving students to an excursion last week I had the pleasure of chatting with an insightful group about their learning at Swansea High. It was good to have an opportunity to gain valuable feedback. We discussed what they enjoyed and what they would like to see improved. They felt there was a good combination of student and teacher centred learning and most teachers had the balance right for them. It is great to get the affirmation that we are heading in the right direction! They also gave a few suggestions on how we can improve even further even though they rated their experience at a pretty high level. We have gained more formal feedback from our students during the Tell Them From Me survey that was undertaken earlier in the year. I am currently using this feedback as well as that from staff to begin the process of formulating our new 3 year plan for 2018–2020 – that seems scary when you write it down! To ensure all have a voice in our schools direction I have been developing a brief questionnaire that will be sent to all parents via email to gain equally valuable feedback from our community of parents and carers about what we do well, areas we can improve on and ideas for future directions. I hope you will take the time to complete it and have a say in the direction of our school.

Important Dates

Oct

30th - Under 15's Zone Netball & Peer Mediation Training

31st - Under 15's girls & boys Knockout Waterpolo

Nov

1st - Youth Frontiers - Final Showcase

2nd - Peer Mediation Training

3rd - Bandwidth

24th - Premier's sporting Challenge

30th-1st Dec - Duke of Ed practice hike

Music Tuition Available



The Music dept. are currently seeking expressions of interest for students interested in instrument and/or vocal tuition.

We are currently looking to bring in external tutors to develop and promote our Rockbands, concert band and vocal ensemble programs at SHS.

Interested students do not need to have musical experience as the program will be tailored from beginner to advanced levels and will cover a range of instruments. Please see Mr Carter or Mr Perry for more information.

2017

Annual Presentation Day

Please join us and celebrate the achievements of our students

13th December

9:15am

in the School Hall





Year 9 Child Studies Comfort Baby Blankets

During this term our Year 9 Child Care Study students have been working hard on their comfort baby blankets. Their brief was to design a baby blanket suitable for 0-1year olds. I think they have done an amazing job and their end product is of high quality. Well done girls.

Can Find Their Way Out of a Paper Bag



After completing a unit on Orienteering throughout Term 3, Year 9 Physical Activity and Sports Studies students were lucky enough to attend a fun and challenging day out at Brickworks Park in Wallsend, celebrating the end of both the unit and the school Term. With the help of Carolyn from Newcastle Orienteering club, students participated in a range of practical based orienteering activities.

Students had to complete a number of courses including a star and scatter course using maps to locate control markers. Congratulations to all students on their conduct and participation throughout the day, and a huge thank you to both Carolyn for setting up and running all activities, and Mr Carter who came along for support on the day. The day finished off with a delicious BBQ. Particular mention goes to Logan, Tom and Ben, and Hunter and Zane, who won challenges throughout the day and received medals for achieving first place in their respective races.



**Like us on Facebook to keep up to date
with what is happening at Swansea High
School.**

Students Excel in Maths

2017 has been a very positive year for students' Mathematics progress! We've had a number of students winning external awards for their Mathematics capabilities. Our Year 9 NAPLAN Numeracy results this year were nothing short of amazing! We're expecting some great results from our Year 12 Mathematics students in their HSC exams.

Why are our students achieving this success?

It's clear many students are now doing that little bit extra at home in the way of revision. It makes a big difference! The school has provided Mathspace (a powerful online Mathematics tutorial program) to all students at no cost. And, importantly, students are using it! Students are also provided Senior Tutoring (both before and after school teachers from the Maths Faculty are available for Year 11 and 12 students) to senior students at no cost. In addition, the Strive centre at school is a free tutoring service available to all.

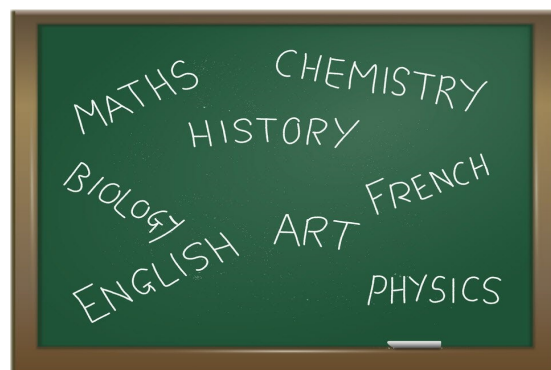
It is all these little things that are leading to the overall Mathematics improvement.

If you would like further information or advice on home study, Mathspace, STRIVE or Senior Tutoring please contact your student's Maths Teacher.



Subject Choices Are Now Available

Year 10 students have finalised their subject choices for Year 11 next year and students can view their subjects outside the careers office in the library. Students are able to make subject changes after the first 3 weeks of Year 11 studies depending on availability. Students who have chosen TAFE courses will be given acceptance forms as soon as they are sent to the school by TAFE. Not all courses will run and any students in this situation will need to see Mr Korsman to make other arrangements.



Year 11 Snow Trip

After an all time epic snow trip this year, organisation is underway for next year. Draft information is available from the careers office and expression of interest forms must be returned by 10th November to secure your spot. Numbers are limited as we are only allocated a certain number of beds.

Finite Art Gallery Prize Winners



Congratulations to Tamika Dowsett, Donald Campbell & Phoebe Collyer of Yr 8, Marnie Nebauer from Yr 9 and Jade Reynolds & Darcy Loretan of Yr 11 for receiving a certificate of commendation for their entry into the Finite Art Gallery Student Art Prize last month.

Thumbs up from the Deputy Principal



Thumbs up from the Deputy Principal is for me to recognise students for their commitment to the school's values of Respect, Responsibility and Ready to Learn - to the school, support of their peers or for achieving above expectations.

Thumbs up to Phillip Nonkovski, Oscar Baird, Brayden MacFarlane-Walker Shayden Moore and Donald Campbell, for the setup of the sound and lights and layout of the stage on a weekly basis and for the various other assemblies that we have at school. They are trustworthy, are able to accept responsibility, can work unsupervised, are punctual, well organised and have exceptional manners. Thankyou boys for your ongoing contribution to the school.

Managing the Bull.... Chaplain

James Norman, Swansea High Chaplain here,

It's been a few months since my last addition to the school newsletter. I'd like to take this opportunity to encourage each member of our school community with a few tips from the Managing the Bull course that 14 students recently completed. The 6-week course teaches young people in years 7-10 strategies they can implement in their daily experiences to overcome bullying and life difficulties, and helps them to become resilient in the face of those challenges.

Develop your S.A.F.E.-ty Network

Strengths – know what your strengths and grow in confidence with them

Assertiveness – grow in your ability to be assertive and avoid passive, aggressive, or passive aggressive reactions

Friendships – build close friendships with a few that can help you endure through difficulties

Endurance – building these strategies will help you endure the difficulties

Resilience is a skill – it can be learned. We build resilience the same as any other skill or muscle ... exercise! The more you can build positive habits and self-talk, build your SAFE-ty network, and practice healthy coping strategies, the more you will build a sense of resilience. It's not merely a matter of "take a spoonful of cement" – it's more like become a coffee bean. A coffee bean goes through grinding and hot water and comes out the other end a beautiful smelling cup of coffee. The bean changes the water rather than being ruined by it. Become the coffee bean (or tea leaf if that's your cup of tea =P)

If you think your young person would benefit from the Managing the Bull program, please give me a call at the school during my office hours, or send me an email at shschaplain@gmail.com and I'd be happy to schedule them into our next Managing the Bull Program.



Year 10 Food Tech... Instagram Worthy

Mrs Loveday's Year 10 Food Technology class is studying "Food Trends" in class. The students have done an amazing job with their "Instagram" worthy food

STRIVE

Centre

Need help with schoolwork? Or just want to get better grades and have fun at the same time. Why not come along to the STRIVE centre.

STRIVE centre is open every Mon 3:30 to 5:30 and Wed 2.30 – 4:30 pm in the Library... and best of all it's FREE!



Career Opportunities

Any parents wishing to receive weekly job vacancies and other careers information please email Mr Korsman (mark.korsman@det.nsw.edu.au)

Year 12 students will be finishing up HSC exams shortly and I wish them all the best. Remember Mr Korsman is always available to help students with TAFE applications or Job applications. Students are welcome to come in and see me.

Sponsors for our Annual Presentation Day Your support is Appreciated

ADF Long Tan Agency	Belmont Golf Club
Black Swan Motel	Caves Beach Gym
Yasmin Catley, MP	Caves Beach Takeaway
Pat Conroy, MP Shortland	Lions Club Swansea
Delta Club Swansea/Caves	Pelican RSL
Mr Kevin Hincks OAM - Patron	Swansea RSL
Mai Tai Restaurant	Skamperle Jewellers
Swansea High P&C	Swansea Surf Shop
Swansea workers Club	Swansea Hotel Social

TERM 4 COMPS

@ Swansea High School

ONLY
\$80
A TERM

TUESDAYS starting 17th October

UNDER 17s (Ages 14-17) 5:00-6:00PM

WEDNESDAYS starting 11th October

UNDER 6s (Ages 4-6) 5:00-5:30PM

UNDER 9s (Ages 7-9) 5:30-6:30PM

UNDER 13s (Ages 10-13) 6:30-7:30PM

register at newcastlefutsal.com.au

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